

Summarising the Clinical Lead and Primary Care MHTR Manuals

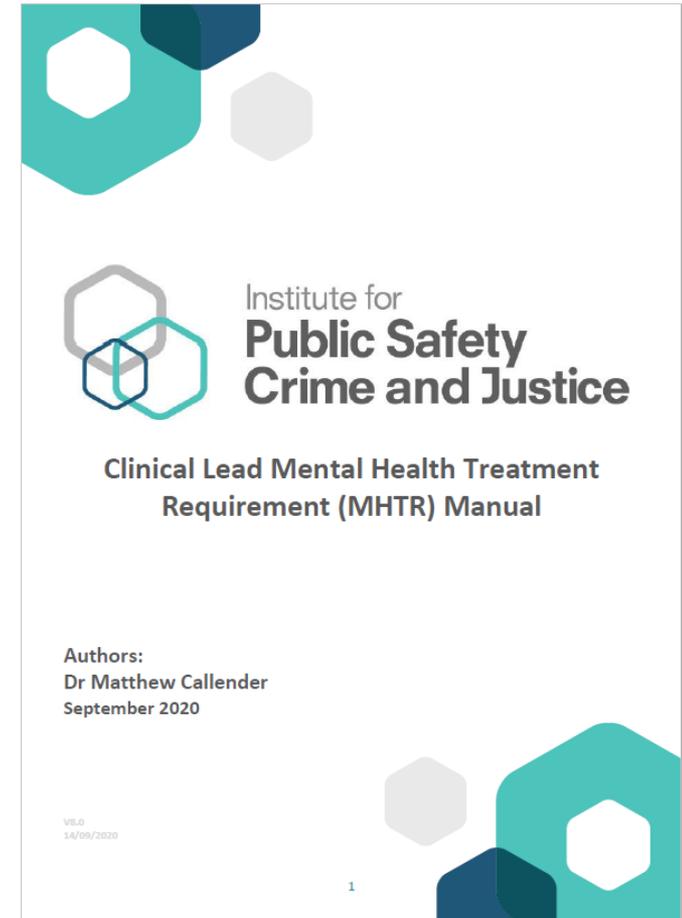
Dr Matthew Callender
18th November 2020



Institute for
Public Safety
Crime and Justice

Clinical Lead MHTR Manual

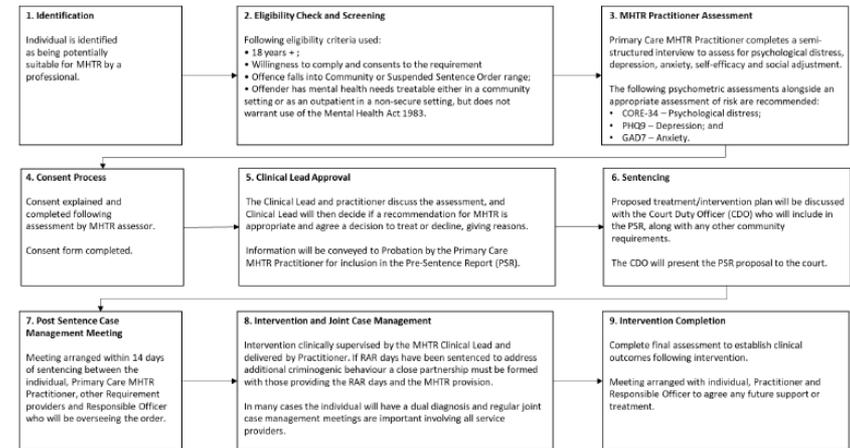
- Aimed at local Clinical Leads
- Provides:
 - Overview of MHTRs
 - Information to inform design and development of MHTR interventions
 - Overview of the Clinical Lead role



<https://pure.northampton.ac.uk/en/publications/clinical-lead-mental-health-treatment-requirement-mhtr-manual>

Detailed MHTR process organised into sequential steps with advice provided by existing Clinical Leads

Figure 1: MHTR Process



Phase 1 (Sessions 1-3):
Structured introduction and
formulation

Phase 2 (Sessions 4-10):
Individualised sessions to
address needs

Phase 3 (Sessions 11-12):
Consolidation and closure

MHTR Intervention: Structure and Content

Overseeing practice issues:

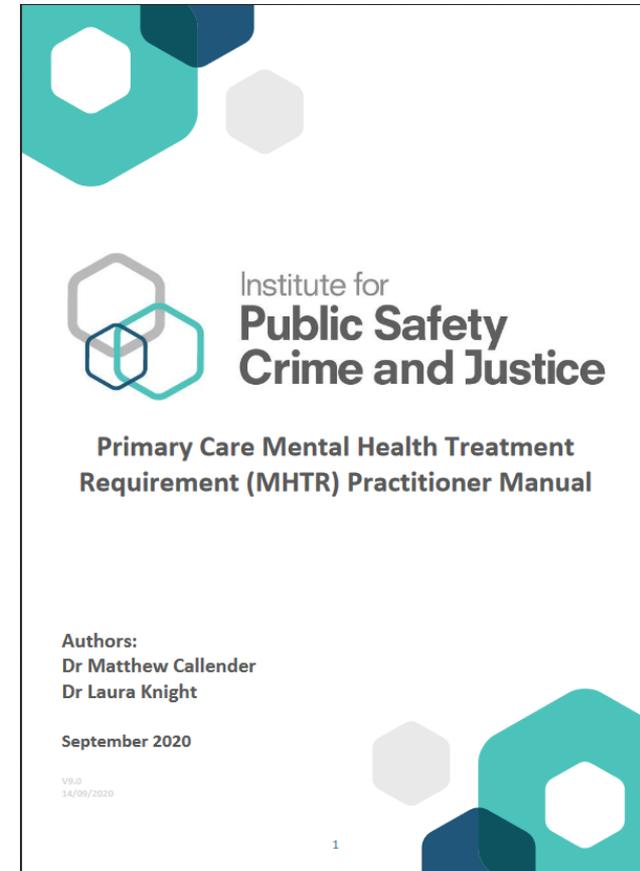
- Breach and engagement
- Partnership working

*Ensure **weekly individual supervision** of at least one hour. **Iron out all the practical issues** that arise as mentioned above (sometimes easier said than done). Make sure the Assistant Psychologist knows how to contact you. Make sure Assistant Psychologists **manage boundaries professionally and safely***

***Good liaison with other stakeholders** is essential as often there is a need to improvise therapy space and to ensure the safety of the practitioners. **Appoint practitioners that are able to use initiative** and work in bases away from the support of other MH workers, preferably with a range of experience of providing therapy. When setting up in services that are not familiar with MH basics, **there can be considerable tensions and practicalities** that need sorting out (privacy, storage, work space and IT, admin support, therapy space, car parking, GDPR and data sharing, limits of confidentiality etc)*

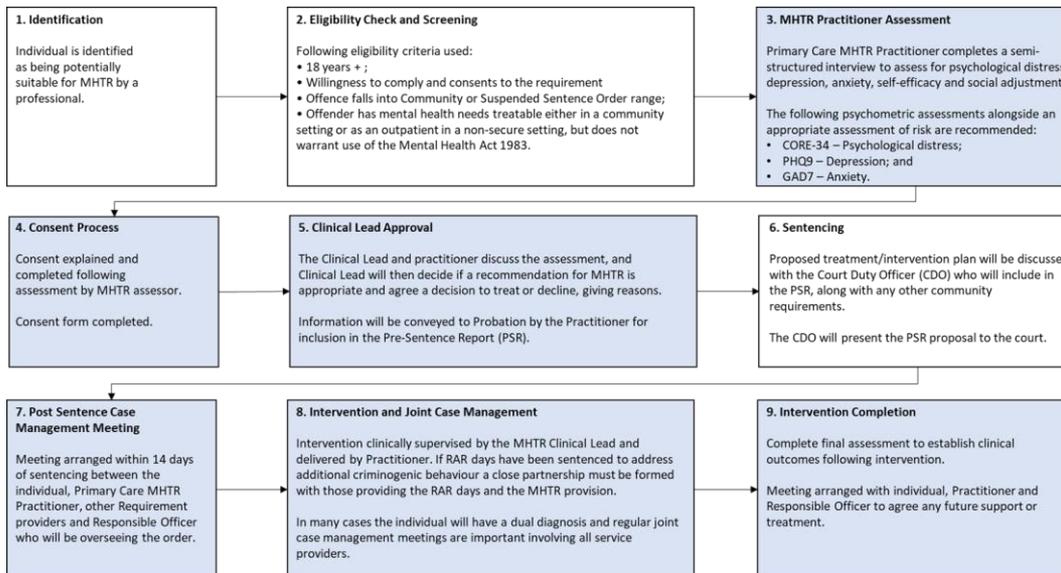
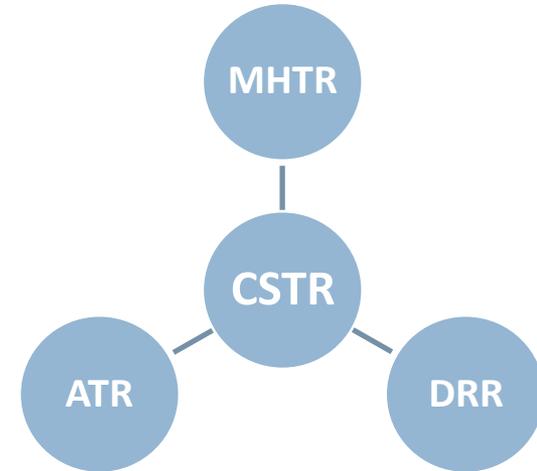
Primary Care MHTR Practitioner Manual

- Aimed at local primary care practitioners, typically Assistant Psychologists
- Provides:
 - The CSTR programme
 - Overview of Court
 - Practicalities of Delivering the MHTR
 - Partnerships



<https://pure.northampton.ac.uk/en/publications/primary-care-mental-health-treatment-requirement-mhtr-practitione>

Provides overview of Community Sentence
Treatment Requirements:
**Mental Health Treatment Requirements
(MHTR)**
Drug Rehabilitation Requirements (DRR)
Alcohol Treatment Requirements (ATR)



Detailed MHTR process, highlighting steps that involve PC Practitioners

Also provides an overview of key individuals workings across the MHTR pathway from different agencies

*“I have **weekly catch up meetings** with Probation at the women’s centre on what’s going on, changes in circumstances including gang-related violence that I **need to be aware** of when booking service users in, as some cannot be at the centre at the same time”*

*“I find the initial 3 way meeting with the RO, client and myself **helpful to engage the client** in the MHTR, be **clear and transparent about treatment** and openly **discuss expectations** of attendance and engagement.”*

*“**Close contact** with organisations providing practical support and with the Responsible Officer is **essential for positive outcomes**”*

Thank you

Please keep in touch:

Dr Matthew Callender, Associate Professor, IPSCJ

matthew.callender@northampton.ac.uk

@MattCallender1

Institute for Public Safety, Crime and Justice
University of Northampton
Avenue Campus
Portfolio Innovation Centre
Northampton
NN2 6JD
Tel: 01604 893304