

Adverse Childhood Experiences



Pedagogy of Transformation OR Just Another Trend?



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#beapartoftheconversation
#educ
#every



MAIN POINTS

- Understanding the breadth of terms used in safeguarding—why we need to know
- Adverse Childhood Experiences (ACEs) and how they relate to *safeguarding, child abuse, trauma, interventions and recovery* provides a framework for change
- The importance of strengthening practice through training, supervision and partnership.
- **Change must come from within, in our organisations, in our communities as well as from above.**



'GHOSTS FROM THE PAST' OUR RESPONSIBILITY

- Many people working with across the children's workforce are motivated to do so because of their background experiences. We must all ensure we are 'Safe Practitioners'.
- This presentation may raise things for you please find someone to talk to.

Johnson, J. (2007) *Finding Your Smile Again: A Child Care Professional's Guide to Reducing Stress and Avoiding Burnout*. St Pauls: Redleaf Press.

Mainstone-Cotton, S. (2017) *Promoting Emotional Well-being in Early Years Staff: A Practical Guide for Looking after Yourself and Your Colleagues*. London: Jessica Kingsley Publishers.

NSPCC: Provide online and telephone support, advice and guidance.

<https://www.nspcc.org.uk/services-and-resources/nspcc-helpline/>

Online Support : help@nspcc.org.uk Telephone: [0800 800 5000](tel:08008005000)



IT IS SO IMPORTANT TO LOVE
SOMEONE A LITTLE EXTRA ON
THEIR BAD DAYS.

**Our childhood
but does not
the adult we**

TERMINOLOGY

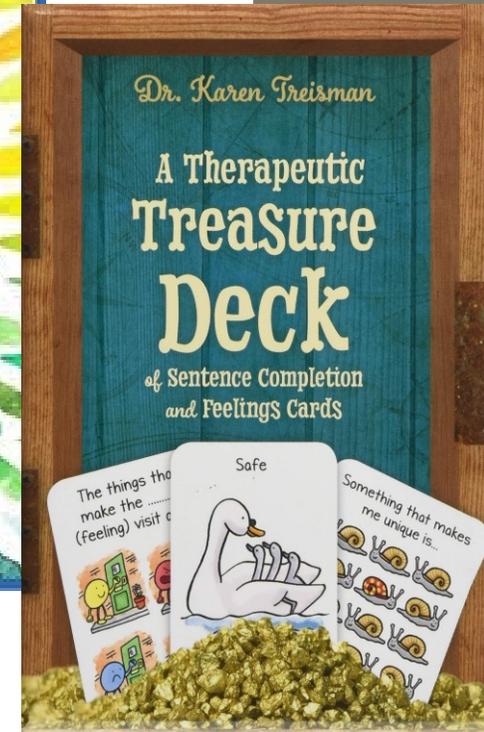
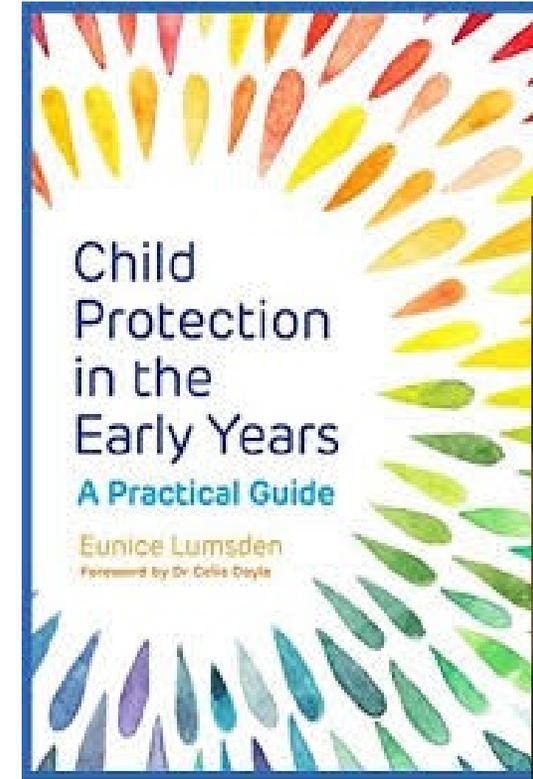
Safeguarding

Child Abuse

Trauma (informed)

Adverse Childhood Experiences

See links to supporting podcasts



ADVERSE CHILDHOOD EXPERIENCES

Term -1998 study *Center for Disease Control and Prevention* (CDC) and Kaiser Permanente

10 categories of adversity that have been experienced by the age of 18 that can be divided into three interrelated groups:

Abuse: physical, emotional, or sexual

Neglect: physical or emotional

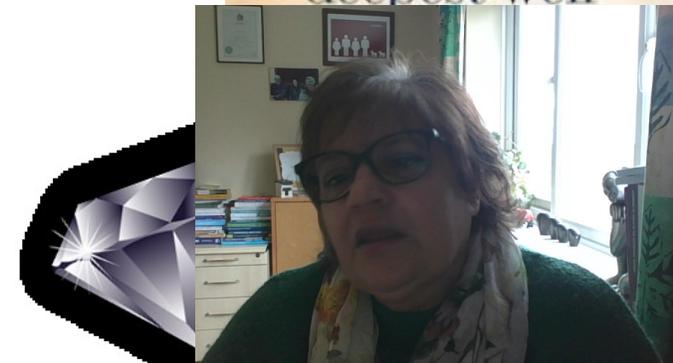
Household challenges: growing up with household incarceration (prison), mental illness, substance dependence, parental separation or divorce, or intimate partner violence

[https://www.ajpmonline.org/article/S0749-3797\(98\)00017-8/abstract](https://www.ajpmonline.org/article/S0749-3797(98)00017-8/abstract)
https://www.ncb.org.uk/sites/default/files/uploads/files/20201119_ToxicTrioSummary.pdf

Toxic Trio
*Domestic Violence,
Substance abuse,
mental health*



the
deepest well



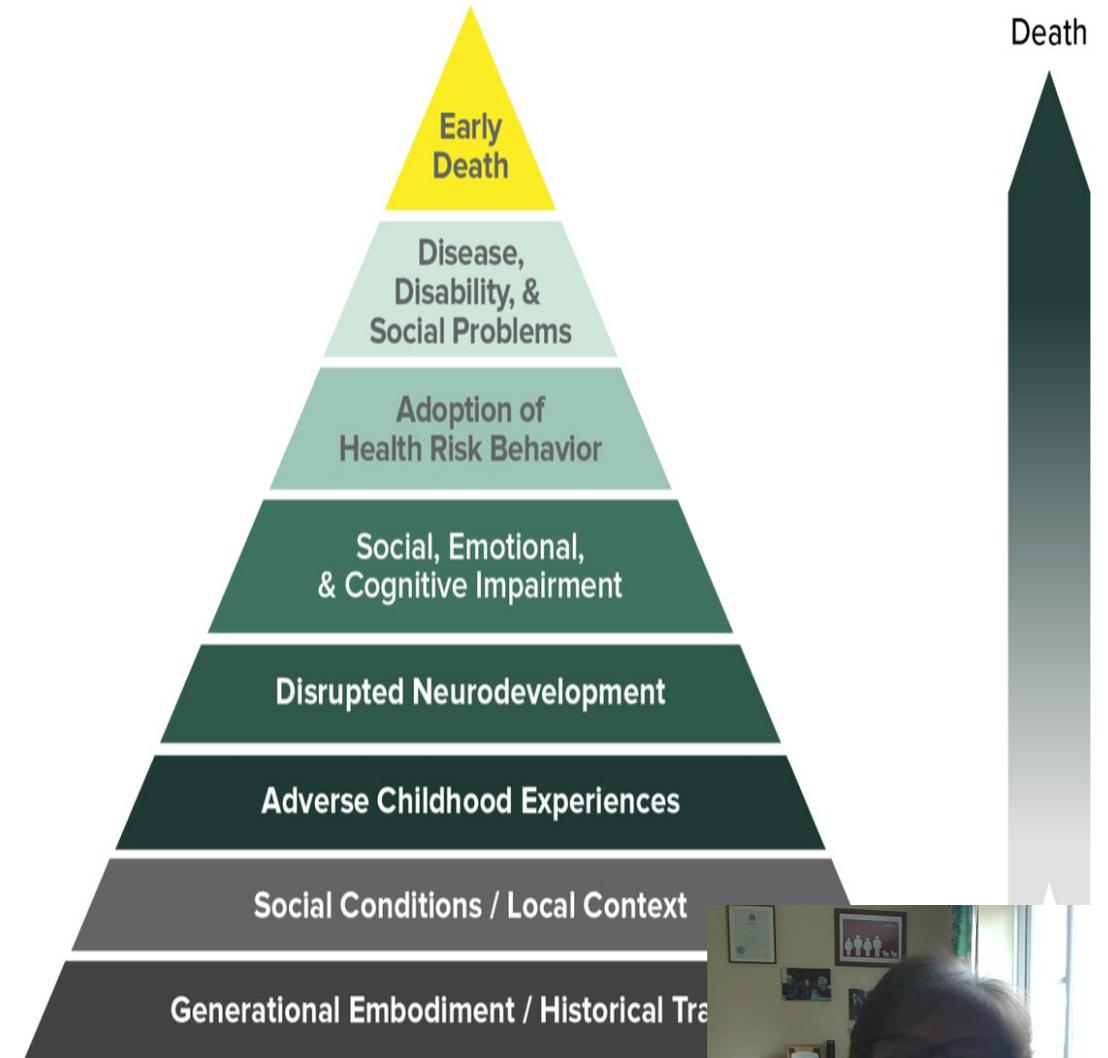
IMPACT ACROSS LIFE COURSE

But what about...

Structural inequality-poverty

Health inequality

Racism



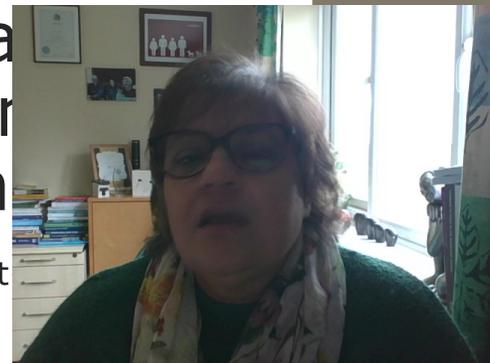
Mechanism by which Adverse Childhood Experiences
Influence Health and Well-being

<https://www.cdc.gov/violencepre>



EIF 2020 KEY FINDINGS

- Research into adverse childhood experiences (ACEs) has generated a powerful and accessible narrative which has helpfully increased awareness of the lifetime impact of early adversity on children's outcomes'.
- The current popularity of the ACE narrative should not lead us to ignore the limitations in the current evidence base or be allowed to create the illusion that there are quick fixes to prevent adversity or to help people overcome it.
- The current enthusiasm for tackling ACEs should be channeled into creating comprehensive public health approaches in communities, built on the evidence of what works to improve outcomes for children. <https://www.eif.org.uk/report/adverse-childhood-experiences-what-dont-know-and-what-should-happen-next>

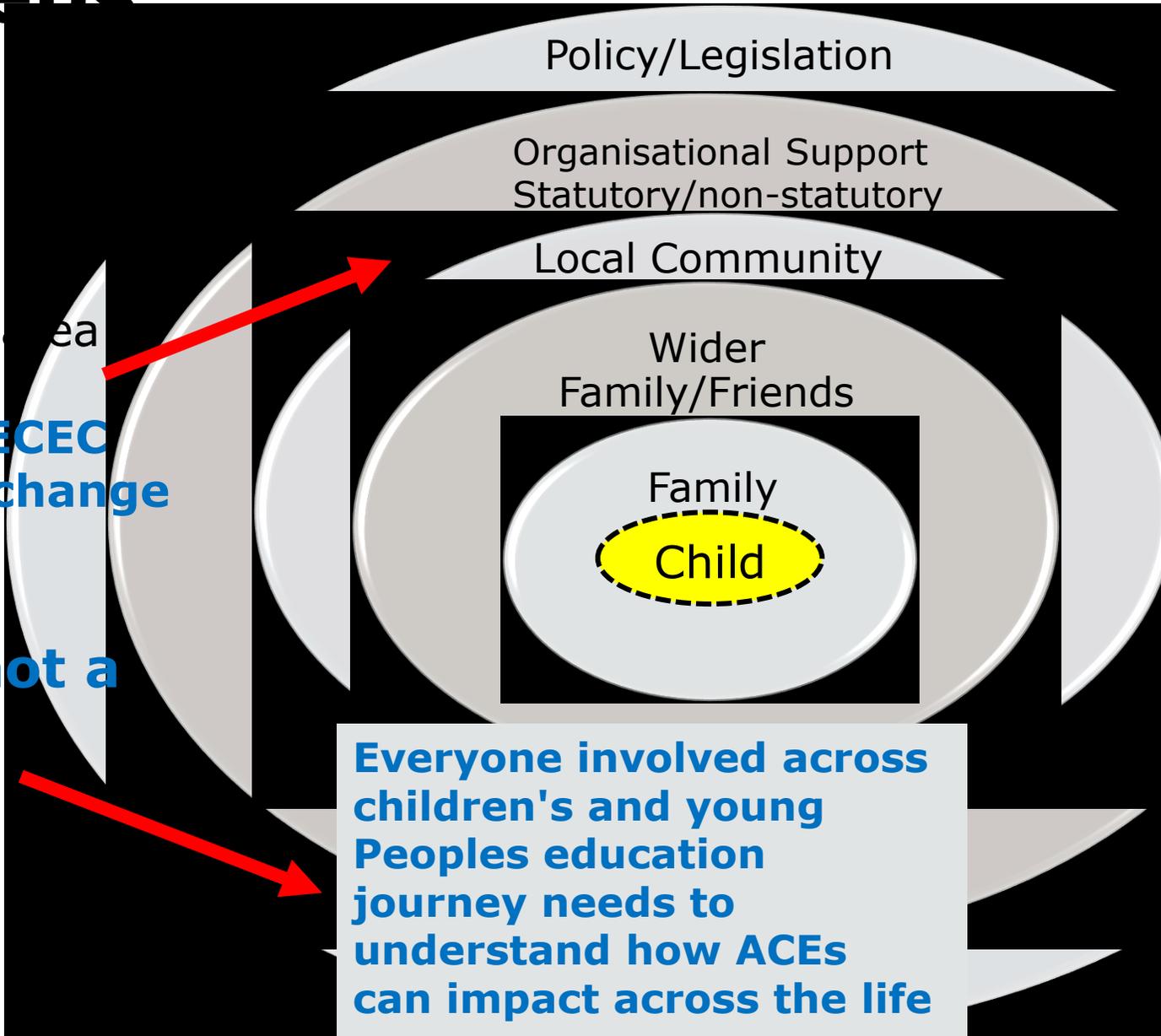


Next Steps

ECEC

is an important area
'High Quality'
Graduate led ECEC
can and does change
lives...

...but, it is not a
solution
on its own



We will not change long term outcomes for young children if we continue doing what we have always done.

Settings have to know themselves, their value base, their training needs and their community if they are to really improve 'Life Chances'.

Health Warning

Real character and professional challenge 'one of every'



Everyone involved across children's and young Peoples education journey needs to understand how ACEs can impact across the life course

What are we going to do about it?

Continue build on the shoulders of giants



THE BRITISH
BETRAYAL OF
CHILDHO

CHALLENGING UNCOMFORTABLE TRUTHS AND

AL AYNSLEY

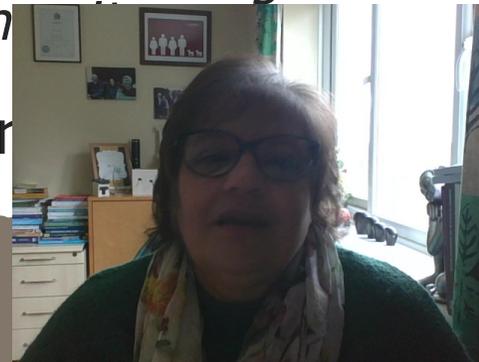


You do not need to know the detail about each child, young person, their family or member of staff.

You can impact upon a child's life journey if your practice **really** places '**Children's Rights**' at the heart through:

- ❖ Strong democratic leadership that constantly challenges assumptions to shift practice
- ❖ Embedded in policy that embraces a holistic approach to child development *(cycle of refreshing)*
- ❖ Application of research to practice
- ❖ Understands *-ACEs- Child Abuse- Trauma Informed approaches-Nurturing Care-resilience-protective factors- importance of the family/comm*
- ❖ Focus on strengthening all children's developmental oppor

What are the gifts you want to give children to take on their journey



STRENGTHENING PRACTICE

*PEDAGOGY OF TRANSFORMATION
WITH CHILDREN'S RIGHTS AT THE
HEART*

THANK YOU FOR LISTENING



SOME USEFUL VIDEOS

Good relationships are the key to healing trauma | Karen Treisman

<https://www.youtube.com/watch?v=PTsPdMqVwBg>

Mind Matters

https://www.youtube.com/watch?v=MCDkkB_Ht5I&feature=youtu.be

How childhood trauma effects across the life course

https://www.ted.com/talks/nadine_burke_harris_how_childhood_trauma_affects_health_across_a_lifetime?language=en

Trauma informed schools

<https://www.teachertoolkit.co.uk/2017/12/05/trauma-informed/>



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Early Intervention Foundation (EIF) (2020) *Adverse Childhood Experiences: What we know, what we don't know, and what should happen next*. Available from: <https://www.eif.org.uk/report/adverse-childhood-experiences-what-we-know-what-we-dont-know-and-what-should-happen-next>

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Scottish Government Adverse Childhood Experiences (2020) Available from: <https://www.gov.scot/publications/adverse-childhood-experiences-aces/pages/aces-policy-background/>

Skinner, Guy, Paul W. B. Bywaters , Andy Bilson, Robbie Duschinsky, Keith Clement, Dustin Hutchinson (2020) The 'Toxic Trio': how good is the evidence base? – Summary. Available from: https://www.ncb.org.uk/sites/default/files/uploads/files/20201119_ToxicTrioSummary.pdf