

(http://diehardbrain.blogspot.co.uk/)

Developing a Creative and Theatre Based Intervention for Young People with Dementia and their Carers

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A focus on younger people with dementia

- Young onset dementia (< 65 years)</p>
- ▶ 17,000 to 18,500 diagnosed in the UK
- Diagnosis is complex
- Symptoms may differ from those with older onset dementia
- Social and 'life phase' implications
 - Employment
 - Financial
 - Family
 - Social isolation
 - Stigma
 - Mental health



A focus on younger people with dementia

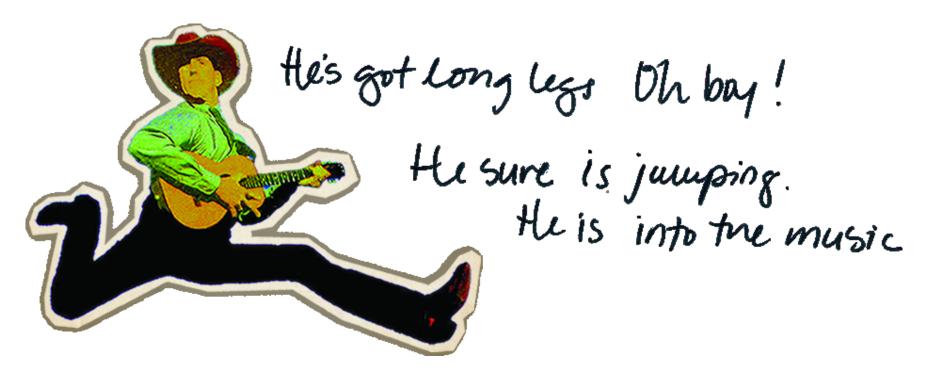
- Benefits of tailored service provision:
 - Can improve behavioural issues
 - Provide carer respite
 - Improve wellbeing
 - Provide social engagement and support
 - A feeling of normalisation

Creative Engagement – Current practice

- Storytelling and Improvisation based drama
- Ladder to the Moon
 - Incorporate carer training with improvisational film shoots
- TimeSlips
 - Storytelling



(Ladder to the Moon, 2013)



(TimeSlips, 2013)

What can we learn for a new intervention?

- Person centred care
- Recognise the diversity within dementia
 - Build in interests and needs of participants
 - Focus on abilities and individual
- Quality of work
- Clear aims of the intervention
- Build in success
- Use a range of activities: music, movement, storytelling, improvisation

Proposed methods and engagement

Research methods:

- Participant observation of sessions
- Pre and post interviews with carers and people with dementia
- Photo/video diaries

Celebrating the work:

Video of the work undertaken to share with friends/family and wider community



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Questions and Feedback

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