

# Medical Education Training Program – Foot and Ankle

INTERNATIONAL FOOT AND ANKLE COURSE ARTHROSCOPY, FORE-, MID- AND HINDFOOT SURGERY

February 23, 2021

Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich | DE

## AGENDA

### PROGRAM | FEBRUARY 23, 2021

09:00 - 10:00	Registration, Antigen Rapid Test, Coffee and Exhibition	<b>Doctors' Lounge</b>
<b>10:00 - 11:15</b>	<b>Didactic Session: Ankle Arthroscopy, Instability and Achilles Trauma</b>	<b>Main Auditorium</b>
10'		Arthrex
10'	<ul style="list-style-type: none"> <li>▪ Introduction and Company Presentation</li> <li>▪ Lateral Ankle Instability: Modified Brostrom Repair and <i>Internal Brace™</i></li> </ul>	M. Regauer
10'		A. Toepfer
10'	<ul style="list-style-type: none"> <li>▪ Achilles Insertional Tendinopathy</li> </ul>	D. Mendes (Online)
10'	<ul style="list-style-type: none"> <li>▪ Achilles Tendon Percutaneous Midsubstance Repair</li> <li>▪ Anterior and Posterior Ankle Arthroscopy Basics: Indications, Setup, Portals and Techniques (Anterior Decompression, Loose Bodies, Synovitis and Talar Osteochondral Defect, Os Trigonum Excision, Talocrural and Subtalar Fusion, Arthroscopic FHL-Transfer)</li> </ul>	A. Toepfer
10'		D. Mendes (Online)
15'	<ul style="list-style-type: none"> <li>▪ Surgical Technique Presentation: ArthroBrostrom™</li> <li>▪ Discussion</li> </ul>	
<b>11:15 - 11:30</b>	<b>Coffee Break</b>	<b>Doctors' Lounge</b>

<p>11:30 - 12:30</p> <p>10'</p> <p>10'</p> <p>10'</p> <p>10'</p> <p>10'</p> <p>10'</p>	<p><b>Didactic Session: Flatfoot Reconstruction and Forefoot Pathologies</b></p> <ul style="list-style-type: none"> <li>▪ The Correction of Flatfoot by Subtalar Arthroereisis in Adolescents and Adults and Calcaneal Slide Osteotomy</li> <li>▪ The Importance of the Spring Ligament Repair for Flatfoot Treatment: Combined FDL Transfer and Spring Ligament Augmentation</li> <li>▪ Basics of Minimally Invasive Surgery of the Foot (MIS)</li> <li>▪ Dorsomedial and Plantar Lapidus Procedure for Hallux Valgus Repair</li> <li>▪ Overview of Techniques and Implants for the Following Lab Session</li> <li>▪ Discussion</li> </ul>	<p><b>Main Auditorium</b></p> <p>B. Ribbans (Online)</p> <p>A. Toepfer</p> <p>A. Toepfer</p> <p>W. Willauschus</p> <p>Arthrex</p>
<p>12:30 - 13:15</p>	<p><b>Lunch Break</b></p>	<p><b>Doctors' Lounge</b></p>
<p>13:15 - 15:15</p>	<p><b>Wetlab</b></p> <ul style="list-style-type: none"> <li>▪ Anterior Arthroscopy, Anterior Decompression, ArthroBrostrom™, Posterior Arthroscopy, Arthroscopic Talocrural and Subtalar Fusion, Arthroscopic FHL-Transfer, Modified Brostrom-Gould With <i>Internal Brace™</i>, Lateral Ankle Reconstruction, Percutaneous Achilles Tendon Repair, Achilles Tendinopathy Treatment</li> </ul>	<p><b>ArthroLab™</b></p>
<p>15:15 - 15:30</p>	<p><b>Coffee Break</b></p>	<p><b>Doctors' Lounge</b></p>
<p>15:30 - 17:30</p>	<p><b>Wetlab</b></p> <ul style="list-style-type: none"> <li>▪ Arthroereisis, Calcaneal Osteotomy, FDL Transfer With Spring Ligament Augmentation, MIS, Dorsomedial and Plantar Lapidus Procedure for Hallux Valgus Repair</li> <li>▪ <i>Evaluation: Your feedback is important to us! Please follow the link that you received via email or use our touchscreens in the Doctors' Lounge – Thank you!</i></li> </ul>	<p><b>ArthroLab™</b></p>
<p>17:30</p>	<p>End of Day</p>	