

# International Foot and Ankle Mega Course

## Arthroscopy, Fore-, Mid- and Hindfoot Surgery

ArthroLab by Arthrex GmbH | Erwin-Hielscher-Str. 9 | 81249 Munich

Faculty	Stefaan Verfaillie, MD   Andreas Toepfer, MD   Bill Ribbans, MD   Hans Zollinger, MD Peter Bock, MD   Martin Oliva, MD   Andreas Schirm, MD   Meir Nyska, MD
Date	November 04 - 05, 2016
Location	Arthrex GmbH   Erwin-Hielscher-Str. 9   81249 Munich

### Program | Friday, November 04, 2016

<b>09:30 - 10:00</b>	<b>Registration, Welcome, Coffee and Exhibition</b>	<b>Doctor's Lounge</b>
10:00 - 10:10	Didactic Session 1 – Anterior Arthroscopy and Ankle Instability	C. Renner
10:10 - 10:20	<ul style="list-style-type: none"> <li>• Introduction and Company Presentation</li> <li>• Ankle Arthroscopy: Indications, Setup, Portals and Techniques (Anterior Decompression, Loosen Bodies, Synovitis and Talar Osteochondral Defect)</li> </ul>	S. Verfaillie
10:20 - 10:30	<ul style="list-style-type: none"> <li>• Arthroscopic Lateral Ankle Repair (ArthroBrostrom®)</li> </ul>	A. Schirm
10:30 - 10:40	<ul style="list-style-type: none"> <li>• Arthroscopic Lateral Ankle Reconstruction (TightRope®, Tenodesis)</li> </ul>	N. Brito
10:40 - 10:50	<ul style="list-style-type: none"> <li>• Posterior Arthroscopy: Indications, Setup, Portals and Techniques (Arthroscopic Os Trigonum Excision, Talocrural and Subtalar Fusion)</li> </ul>	S. Verfaillie
10:50 - 11:00	<ul style="list-style-type: none"> <li>• Discussion</li> </ul>	
<b>11:00 - 11:30</b>	<b>Coffee Break</b>	<b>Doctor's Lounge</b>
11:30 - 13:15	<b>WetLab</b> <ul style="list-style-type: none"> <li>• Anterior Arthroscopy, Anterior Decompression, Targeted Drilling, Arthroscopic BroStrom, Arthroscopic Ligament Reconstruction, Posterior Arthroscopy, Talocrural and Subtalar Fusion</li> </ul>	
<b>13:15 - 14:00</b>	<b>Lunch Break</b>	<b>Arthrex Cafeteria</b>

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<b>13:15 - 14:00</b>	<b>Lunch Break</b>	<b>Arthrex Cafeteria</b>
	Didactic Session 2 – Flatfoot Reconstruction Solutions	
14:00 - 14:10	• Pathophysiology of the Flatfoot	M. Nyska
14:10 - 14:20	• The Correction of Flatfoot by Subtalar Arthroereisis in Adolescents and Adults	B. Ribbans
14:20 - 14:30	• Calcaneal Osteotomy	A. Toepfer
14:30 - 14:40	• Lateral Column Lengthening	A. Toepfer
14:40 - 14:50	• Flexor Digitorum Longus (FDL) Transfer and Spring Ligament Repair	A. Toepfer
14:50 - 15:00	• Subtalar Fusions, Triple Arthrodesis, Ankle Arthrodesis	H. Zollinger
15:00 - 15:10	• Surgical Outcomes System™ (SOS)	M. Lyons
15:10 - 15:20	• Discussion	
<b>15:20 - 15:40</b>	<b>Coffee Break</b>	<b>Doctor's Lounge</b>
15:40 - 18:00	WetLab	
	• Arthroereisis, Calcaneal Osteotomy, Evans Osteotomy, FDL Transfer with Spring Ligament Augmentation, Cotton Osteotomy, Calcaneo-cuboidal Fusion, Medial Column Fusion, Ankle Arthrodesis	
<b>18:00</b>	<b>Get together for a drink</b>	
<b>18:30</b>	<b>Dinner</b>	
<b>22:30</b>	<b>Adjourn</b>	

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### Program | Saturday, November 05, 2016

<b>08:30 - 09:00</b>	<b>Coffee and Exhibition</b>	<b>Doctor's Lounge</b>
	Didactic Session 3 – Treatment for Forefoot Pathologies	
09:00 - 09:10	• Basic Minimal Invasive Forefoot Surgery	P. Bock
09:10 - 09:20	• Double Osteotomy (Proximal Opening Wedge and Distal Reverdin-Green)	H. Zollinger
09:20 - 09:30	• Dorsomedial and Plantar Lapidus Procedure for Halux Valgus Repair	P. Bock
09:30 - 09:40	• Metatarso-Phalangeal Arthrodesis and Hemiarthroplasty	H. Zollinger
09:40 - 09:50	• Treatment Options for Metatarsalgia, Hammertoes, Metatarso-Phalangeal Joint (MPJ) Dislocations	A. Schirm
09:50 - 10:00	• Hallux Varus Repair	B. Ribbans
10:00 - 10:10	• Lateral Ankle Instability: Modified Brostrom Repair and <i>InternalBrace</i> ™	B. Ribbans
10:10 - 10:20	• Lateral Ankle Reconstruction (Deltoid Reconstruction)	B. Ribbans
10:20 - 10:25	• Discussion	
<b>10:25 - 10:35</b>	<b>Coffee Break</b>	<b>Doctor's Lounge</b>
10:35 - 12:30	WetLab	
	• Phalanx Prosthesis, Chevron Osteotomy, Scarf / Akin Osteotomy, Metatarso-Phalangeal Fusion, Hammertoe, Plantar Plate Repair, Hallux Varus with Mini TightRope®, Lapidus with 1.1 mm TightRope®, Low Profile Opening Wedge	
<b>12:30 - 13:15</b>	<b>Lunch Break</b>	<b>Arthrex Cafeteria</b>

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<b>12:30 - 13:15</b>	<b>Lunch Break</b>	<b>Arthrex Cafeteria</b>
	Didactic Session 4 – Ankle Sports and Trauma Pathologies	
13:15 - 13:25	• Syndesmosis Injuries	P. Bock
13:25 - 13:35	• Achilles Insertional Tendinopathy	P. Bock
13:35 - 13:45	• Achilles Tendon Reconstruction in Neglected Tears	M. Nyska
13:45 - 13:55	• Achilles Tendon Percutaneous Midsubstance Repair	B. Ribbans
13:55 - 14:05	• Arthrex Foot Trauma Systems: 5 <sup>th</sup> Metatarsal Fractures, Calcaneal Fractures, Ankle Fracture	N. Brito
14:05 - 14:15	• Endoscopic Plantar Fascia Release and Gastroc Lengthening	H. Zollinger Arthrex
<b>14:15 - 14:35</b>	<b>Coffee Break</b>	<b>Doctor's Lounge</b>
14:35 - 16:30	WetLab	
	• Modified Brostrom-Gould with <i>InternalBrace</i> <sup>™</sup> , Lateral and Medial Ankle Reconstruction, Ankle Fracture Set, Syndesmosis TightRope <sup>®</sup> , 5 <sup>th</sup> Metatarsal Fracture, Percutaneous Achilles Tendon Repair, Achilles Tendinopathy Treatment, Endoscopic Plantar Fascia Release, Endoscopic Gastroc Release	
<b>16:30</b>	<b>End of course</b>	