

Technology Outdoors

Emma Whewell

University of Northampton



Aims of this session

- To experiment with a range of apps to design novel ways of creating and following trails
- To have a go at using video and photo technology to analyse and improve performance



Curriculum requirements

Key Stage 2

- take part in outdoor and adventurous activity challenges both individually and within a team
- compare their performances with previous ones and demonstrate improvement to achieve their personal best.



Warm up

- You will need a dice rolling app and a QR code reader
- This warm up was made using <http://www.classtools.net/QR/>
- Pop QR codes around your windows, gym, sports hall and grounds. You can make easy to follow treasure hunts, warm ups, skill drills and playground games.

Activity 1:- Creating trails

- <https://padlet.com/dlaberasmus/creatingtrails>
- picture orienteering using PicCollage



Your task....

With your partner make a phototrail for another pair to follow.

1. Take your pictures using your cameras device
2. Add them to piccollage using the + button
3. Reorder and add arrows or numbers to show the sequence
4. Try it out on another pair.

Other creating trails ideas.

<https://padlet.com/dlaberasmus/creatingtrails>



- Create a sound trail using Mad Pad
- The children work out what the sound is and they go to the place where they think it is, there maybe a clue or symbol to collect.

Upload your photo trail to our padlet...

- https://padlet.com/emma_whewell/7f6dktix29i8



Analysing closed skills



Important points...

- The children need to clearly know the key teaching points
- Think carefully about the pairs or groups you place the children in
- The technology should not detract from the physical.
- What are the key teaching points for the standing long jump?

Activity 2 – Analyse and improve performance



Your task

Standing long jump. Take a picture and a video of your partner doing a SLJ.

1. Do this using your devices camera (photo) or
2. Do this using the video camera set to slo-mo
3. Upload your photo to Skitch and label the areas of the standing long jump that are very good at and an area you would like them to improve (peer assessment). or
4. Allow your partner to watch their slo-mo video ask them to identify their strengths and identify an area to improve.

Upload your SLJ pictures to our padlet...

- https://padlet.com/emma_whewell/7f6dktix29i8



Conclusions

- What other activities can you apply the skills acquired today to?
 - How might you begin using these straight away?
 - Any questions?
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- Emma.whewell@northampton.ac.uk
 - @UONPEEmma